Extra Curricular Handbook 2016
General Information

Please carefully note the following comments that apply to all extra curricular activities.

Programs Available

- **Chess – Lunchtime** (Years Prep – 6)
- **Communication and Speech** (Years 5 – 12)
- **Dance and Movement** (K – Year 6)
- **Drama - Lunchtime** (Years 4 – 12)
- **Duke of Edinburgh's Award** (Years 8 – 12)
- **EAL Class** (Years 1 – 6)
- **Music (All year levels)**
  - Rowing (Years 8 – 12)
  - SnowSports (Years 3 – 12)
  - Swimming (All year levels)
- **Visual Arts (Senior)**
  - Life Drawing (Years 10 – 12)
  - Photography (Years 7 – 12)
  - Sewing and Textiles (Years 7 – 12)

Gymnastics (All year levels) and Tennis (All year levels) are offered by external providers. Further information is included at the back of this handbook.

Applications

Application forms are required from all students intending to commence classes. Please read carefully the notes for each program and complete and return the appropriate forms to Business Office (or to the Music Department for enrolment in Music Programs), before Thursday 17 December, 2015.

Cancellation

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charge for four (4) weeks fees if the required notice is not provided.

Fees

Fees are charged as per the detailed extra curricular information. An application to participate in any Extra Curricular Activity run by Lauriston will only be considered if all tuition and other fees and charges have been paid by the due date. Where fees remain outstanding and no acceptable payment plan is in place, the School reserves the right to exclude the student from participating or applying for this activity.

Fees for extra curricular activities are charged quarterly in arrears to the student’s school fee account. An account will be issued four (4) times a year at the beginning of Terms 2, 3, 4, with the final account issued in December each year. Payment must be made in full within one month from the date of issue of the account.

Safety

Junior School students are required to attend Out of School Hours Care if their activity does not commence straight after dismissal or there is a delay in being picked up at the end of a program. A fee applies for this service. Parents are urged to collect their child promptly at the end of an Extra Curricular Activity. There is no staff supervision after school and, in winter, classes often finish after dark. In the interests of safety, students should not wander around the School either before or after classes. No child should be in the grounds unsupervised. Please visit www.oshclub.com.au for more information.

Older students whose classes do not start immediately after school are required to wait in the library until the scheduled start time and if making their own way home should leave the School immediately after their class.

Group Programs

Group programs will only operate if there is a sufficient number of students enrolling in the program.
EXTRA CURRICULAR ACTIVITY 2016
CHESS - LUNCHTIME
(YEARS PREP – 6)

Classes will be offered to both beginners and advanced students.

Girls who already have a working knowledge of chess will be able to develop their skills, work towards participation in interschool tournaments and have the opportunity to attend chess camps and holiday programs organised by Chess Australia.

The following skills will be developed:
• Abstract analysis
• Spatial aptitude
• Problem solving
• Verbal reasoning
• Logical and critical thinking
• Concentration and focus

The program runs for two semesters and students are expected to commit to at least one semester.

Teacher: Mr Leonid Sandler
International Master and International Chess Federation Trainer, Captain of Women’s Olympic chess team 2004 and 2006, Director of Chess Australia Pty. Ltd.

Sessions:
• Years Prep – 2 Tuesday at lunchtime
• Years 3 – 6 Thursday at lunchtime

Fee: $160 per term (to be added to your school account)

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charge for four (4) weeks fees if the required notice is not provided.

Please return this form to the Business Office by Thursday 17 December 2015 via email accounts@lauriston.vic.edu.au

Please read the General Information at the front of the handbook before completing this form.

I wish to enrol my daughter for Chess lessons at Lunchtime on Tuesdays (Prep – 2) and Thursdays (year 3 – 6)

Fee: $160 per term (to be added to your school account)

Semester 1: ❑ Semester 2: ❑

Student’s Name: __________________________ Year in 2016: __________

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/ Guardian Signed: __________________________ Date: ________________

Name Parent/Guardian (Print) ____________________________________________

Mobile: __________________________ (H) __________________________ (B)

Email: __________________________________________
EXTRA CURRICULAR ACTIVITY 2016
COMMUNICATION AND SPEECH TRAINING
(YEARS 5 – 12)

The aim of the program is to produce confident, articulate young women with highly developed interpersonal and presentation skills. Specific objectives include the development and enhancement of a pleasant, unstrained vocal tone, the promotion of clarity of speech and the fostering of oral interpretation of literature.

The workshops also place emphasis on creativity and the exploration of dramatic skills. The work may be videoed for group feedback or performed before a small audience. The content of the workshops provides the necessary foundation for entry into the AMEB programs in group and solo work and then into examinations.

Communication and Speech is available to students from Years 5 to 12. Lessons will take place during school hours.

Term 1: Eight weeks of introductory sessions in preparation for the following three terms. (Students may elect to attend term 1 to ascertain if they are prepared to make the commitment for the following three terms).

Terms 2, 3 and 4 students must commit to the full AMEB Program of three terms.

Teacher: Director of Drama - Ms Bronwyn Greig B.Ed Drama

Location: Junior Drama Room

Fee: $170 per term (8 weeks) to be added to your school account

Note: Individual lessons are also available for all students at a rate of $285 per term (8 weeks)

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charge for four (4) weeks fees if the required notice is not provided.

Lauriston Girls’ School
Extra Curricular Activity 2016
COMMUNICATION AND SPEECH TRAINING

Please return this form to the Business Office by Thursday 17 December 2015 via email accounts@lauriston.vic.edu.au
Please read the General Information at the front of the handbook before completing this form.

I wish to enrol my daughter for:

☐ Group lessons in Communication & Speech
  Fee: $170 per term (8 weeks) to be added to your school account

☐ Individual lessons in Communication & Speech
  Fee: $285 per term (8 weeks) to be added to your school account

Student’s Name: _______________________________________________________ Year in 2016: ____________

Term 1: ☐ Terms 2, 3 and 4: ☐

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/ Guardian Signed: ___________________________________________ Date: _________________________

Name Parent/Guardian (Print) __________________________________________

Mobile: ___________________________________(H)___________________________(B)___________________________

Email: _______________________________________________________________
EXTRA CURRICULAR ACTIVITY 2016
DANCE AND MOVEMENT
(KINDERGARTEN – YEAR 6)

The Australian Academy of Dance will be providing dance lessons at Lauriston in 2016 in classical ballet and our pre school program of Dance Magic. The Australian Academy of Dance is located in Malvern East and is regarded as one of Melbourne’s premier dance training institutions and is proud to partner with Lauriston Girls’ School.

Students will have the opportunity to learn from an experienced teacher and participate in annual assessments, mid year performances and an end of year production at the National Theatre in St Kilda.

When: Wednesday
- 3.30 – 4.10pm Dance Magic (Ages 3 – 5)
- 4.15 – 4.55pm Ballet (Prep & Year 1)
- 5.00 – 6.00pm Ballet (Year 2 to Year 6)

Location: Dance Studio (ground floor Irving Hall Building)

Fee: $195 per term (8 weeks) to be added to your school account

Term Dates:
- Term 1 01/02/2016 – 24/03/2016
- Term 2 11/04/2016 – 03/06/2016
- Term 3 18/07/2016 – 09/09/2016
- Term 4 03/10/2016 – 25/11/2016

*Please note that class time may change due to enrolment numbers - minimum of 6 students per class

There is a uniform required for these classes including shoes. Please visit the Australian Academy of Dance’s website [www.academydance.com.au] for more information

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charge for four (4) weeks fees if the required notice is not provided.

I wish to enrol my daughter in the following after school dance lessons offered at Lauriston
- Ballet Lessons
- Dance Magic

Fee: $195 per term (8 weeks) to be added to your school account

Student’s Name: ___________________________________________ Year in 2016: __________________

Date of Birth: _______________________

Medical Conditions: ______________________________________

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/ Guardian Signed: ___________________________________ Date: _______________________

Name Parent/Guardian (Print) __________________________________________________________

Mobile: ______________________ (H) ______________________ (B)

Email: __________________________________________________________
EXTRA CURRICULAR ACTIVITY 2016
DRAMA - LUNCHTIME
(YEARS 4 – 12)

Drama workshops are designed to provide participants with an enjoyable drama experience while increasing their confidence, creativity, skill levels and development of drama techniques. This will involve:

- Drama games and theatre sports
- Improvisation
- Exploration of space
- Sensory awareness activities
- Group devised plays and storytelling
- Mime and non-verbal communication
- Characterisation activities
- Developing scripts and props.

Participants are encouraged to share their work and ideas in a supportive environment.

Drama is available to Junior School students in Years 4 to 6 and all Senior School students. The program runs for two semesters and students are expected to commit for at least one semester.

Lessons will take place during school lunchtime and sixteen lessons will constitute a semester’s work.

Teacher: Director of Drama - Ms Bronwyn Greig B.Ed Drama

Time:
- Year 4 Thursday 12.45pm - 1.30pm
- Year 5 Wednesday 12.45pm - 1.30pm
- Year 6 Friday 12.45pm - 1.30pm

Fee: $170 per Term (8 weeks) to be added to your school account.

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charge for four (4) weeks fees if the required notice is not provided.

Lauriston Girls' School
Extra Curricular Activity 2016
DRAMA - LUNCHTIME

Please return this form to the Business Office by Thursday 17 December 2015 via email accounts@lauriston.vic.edu.au
Please read the General Information at the front of the handbook before completing this form.

I wish to enrol my daughter for lessons in Lunchtime Drama.

Fee: $170 per Term (8 weeks per term) to be added to your school account

Semester 1 ☐ Semester 2 ☐

Student’s Name: ___________________________________________ Year in 2016:_____________

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity.

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/ Guardian Signed:________________________________________ Date: ______________________ 

Name Parent/Guardian (Print) ________________________________________________

Mobile: ______________________ (H) ______________________ (B) ______________________

Email: ________________________________________________________________
EXTRA CURRICULAR ACTIVITY 2016
DUKE OF EDINBURGH AWARD
(YEARS 8 – 12)

Available from Year 8 (14th birthday), to Year 12, with entry at any level, Bronze, Silver or Gold.

Involvement in the Award encourages participants to pursue and maintain a wide range of desirable interests that will enhance their own development. Students are required to take more control of shaping their future as they follow their choice of interests. Applicants can tailor activities they currently do into their Award. Successful completion of a level is rewarded by a recognized community award. It may be possible for Years 11 and 12 International Baccalaureate students to use aspects of the Creativity, Activity, Service (CAS) component of the IB course towards the Service component of the Duke of Edinburgh’s Award. However, students must check with the Duke of Edinburgh Coordinator beforehand to ensure that service requirements of the Duke of Edinburgh’s Award, are met.

The Award Involves: Service, Adventurous Journey, Skill, Physical Recreation and Residential (Gold only)

There are three levels: Bronze (14+ - Years 8 and 9), Silver (15+ - Year 10), Gold (16+ - Years 11 and 12)

Students can start at any level as long as they meet (or if at Howqua, nearly meet) the age requirement.

Involvement Required:

- Initiative and decision-making
- Commitment
- Time
- Organisation

Benefits:

- Retaining a wide range of desirable interests
- Greater enrichment of the student
- Social interaction and support
- Giving to the community
- Gaining community recognition for the students’ achievements
- Enjoyment, satisfaction and achievement

Requirement (Minimum Requirement)

<table>
<thead>
<tr>
<th></th>
<th>Bronze</th>
<th>Silver</th>
<th>Gold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Service</td>
<td>3 Months #</td>
<td>6 Months *</td>
<td>12 Months ^</td>
</tr>
<tr>
<td>Expedition</td>
<td>If at Howqua: Hiking, Cycling, Horse Riding, XC Skiing, Canoeing, Rafting.</td>
<td>Choice of (If at Howqua): Hiking, Horse Riding, XC Skiing, Canoeing</td>
<td>Expeditions offered in 2016 may include: Wilsons Promontory, Grampians, Otways,</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Skill</td>
<td>3 Months</td>
<td>6 Months</td>
<td>12 Months ^</td>
</tr>
<tr>
<td>Physical Recreation</td>
<td>3 Months</td>
<td>6 Months</td>
<td>12 Months ^</td>
</tr>
<tr>
<td>Residential</td>
<td>-</td>
<td>-</td>
<td>5 Days - 4 Nights</td>
</tr>
</tbody>
</table>

# One component needs to be over a period of six months
* If new at Silver, one component needs to be 12 months
^ If new at Gold level, one component needs to be 18 months

Fee: $405 (covers administrative and stationery costs involved in conducting the Award, plus registration with the Duke of Edinburgh State Office)

Expedition costs at Gold Level are additional, and depend on the choice of activity.

Bronze and Silver Expeditions completed at Howqua are at no additional cost.
Lauriston Girls’ School
Extra Curricular Activity 2016
DUKE OF EDINBURGH AWARD

Please return this form to the Business Office by Thursday 17 December 2015 via email accounts@lauriston.vic.edu.au
Please read the General Information at the front of the handbook before completing this form.

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charge for four (4) weeks fees if the required notice is not provided.

This form is to be completed by new students wishing to enrol for the first time and those candidates who wish to proceed to the next level once they have completed their current level

☐ I hereby enrol my daughter into the Duke of Edinburgh Award Program
☐ I give my permission for my daughter to continue to the level indicated below once she completes her current level

Student’s Name: __________________________ Year in 2016: _______
Date of Birth: _________________
Level:
☐ Bronze (14 years +)
☐ Silver (15 years +)
☐ Gold (16 years +)

Fee: $405 to be added to your school account

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/ Guardian Signed: __________________________ Date: _______________________
Name Parent/Guardian (Print) ________________________________________________________________________________
Mobile: __________________________ (H) __________________________ (B) __________________________
Email: __________________________________________________________________________
EXTRA CURRICULAR ACTIVITY 2016
EAL CLASSES
(YEARS 1 – 6)

Lauriston Junior School is offering English as an Additional Language (EAL) Classes to Junior School students in Years 1 through to 6.

This program will run during terms 1, 2, 3 & 4 of 2016. Students are expected to commit for the entire time.

Lessons will take place after school from 3.30pm until 5.00pm.

• Years 1 and 2 - Monday in the Montrose Science Room
• Years 3 to 6 - Tuesday in the Montrose Mandarin Room

Fee: $165 per term (8 weeks) to be added to your school account

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charged for four (4) weeks fees if the required notice is not provided.

Please return this form to the Business Office by Thursday 17 December 2015 via email accounts@lauriston.vic.edu.au

Please read the General Information at the front of the handbook before completing this form.

I wish to enrol my daughter for lessons in the EAL Classes

Fee: $165 per term (8 weeks) to be added to your school account

Student’s Name: ___________________________________________ Year in 2016:________________

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity

I understand that my school account will be charged for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/ Guardian Signed: __________________________________ Date: _______________________

Name Parent/Guardian (Print) ______________________________________________________________________

Mobile:_________________________________(H)___________________________(B)___________________________

Email: ___________________________________________________________________
EXTRA CURRICULAR ACTIVITY 2016
MUSIC

Music is an integral part of the education offered at Lauriston. There are many opportunities for students with musical aptitude and for students who wish to take part for fun. Learning a musical instrument (including voice) is a rewarding and enriching experience. Before enrolling your daughter for music tuition, we encourage you to discuss with her the commitment required to successfully undertake this study. It requires the establishment and maintenance of a regular home practice routine and parental support.

Due to increased demand, it has become necessary to hold waiting lists for some instruments. Parents will be notified upon enrolment if a place is not available and will be updated each term. We recommend that parents return enrolment forms (both continuing and new music students) as soon as possible in order to ensure a place in the music program.

The following list indicates instruments available for study and the minimum year level at which students may commence.

<table>
<thead>
<tr>
<th>Woodwind</th>
<th>Year Level</th>
<th>Brass</th>
<th>Year Level</th>
<th>Strings</th>
<th>Year Level</th>
<th>Other</th>
<th>Year Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flute</td>
<td>5</td>
<td>Horn</td>
<td>5</td>
<td>Violin</td>
<td>Prep</td>
<td>Voice</td>
<td>6</td>
</tr>
<tr>
<td>Oboe</td>
<td>5</td>
<td>Trumpet</td>
<td>5</td>
<td>Viola</td>
<td>3</td>
<td>Piano</td>
<td>Prep</td>
</tr>
<tr>
<td>Clarinet</td>
<td>5</td>
<td>Trombone</td>
<td>5</td>
<td>Cello</td>
<td>Prep</td>
<td>Contemporary Piano</td>
<td>6</td>
</tr>
<tr>
<td>Bassoon</td>
<td>5</td>
<td>Euphonium</td>
<td>5</td>
<td>Double Bass</td>
<td>3</td>
<td>Guitar</td>
<td>4</td>
</tr>
<tr>
<td>Saxophone</td>
<td>5</td>
<td>Tuba</td>
<td>5</td>
<td></td>
<td></td>
<td>Bass Guitar</td>
<td>7</td>
</tr>
<tr>
<td>Recorder</td>
<td>Prep</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Percussion/Drums</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Theory</td>
<td>5</td>
</tr>
</tbody>
</table>

Cancellation of Lessons
If discontinuation of lessons is required at any time during the year, four weeks’ notice (excluding holiday periods), in writing, is mandatory. Termination notice will be calculated by the Music Office, upon receipt of letter or email.
To discontinue Music Tuition for the beginning of:

Term 2 – Notice must be received by 25 February 2016
Term 3 – Notice must be received by 27 May 2016
Term 4 – Notice must be received by 12 August 2016

Change of Teacher
If a change of teacher is requested, two lessons’ notice must be given to the existing teacher. If changing instruments, the usual four weeks’ notice applies.

Fee

<table>
<thead>
<tr>
<th>Description</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Music Lessons - 20 minutes (up to Year 1 students only)</td>
<td>$276</td>
</tr>
<tr>
<td>Music/Theory Lessons - 30 minutes</td>
<td>$392</td>
</tr>
<tr>
<td>Music Lessons - 45 minutes</td>
<td>$560</td>
</tr>
<tr>
<td>Music Lessons - 60 minutes</td>
<td>$730</td>
</tr>
<tr>
<td>Music Lessons - 30 minutes shared</td>
<td>$256</td>
</tr>
<tr>
<td>Music Lessons - 60 minutes VCE/IB Candidates Only</td>
<td>$560</td>
</tr>
<tr>
<td>Group Theory Lessons 30 minutes (3+ students required)</td>
<td>$104</td>
</tr>
<tr>
<td>Ensemble Maintenance (3 lessons per term)</td>
<td>$110</td>
</tr>
<tr>
<td>Instrument Hire (no GST applicable)</td>
<td>$85</td>
</tr>
<tr>
<td>Percussion Use and Maintenance</td>
<td>$42</td>
</tr>
</tbody>
</table>

Hire of Instrument
The Music School has orchestral instruments available for hire to students. Students learning the piano must have access to their own piano or keyboard. The hire fee for all instruments is $85 per term. Please discuss instrument purchase with the appropriate Head of Department: many instruments can be re-sold for 50%-60% of the purchase price when an upgrade is necessary. Hire is charged per term and is subject to availability.

Lesson Length
Students normally commence with 30 minute lessons, however, lesson length will vary according to the standard of each student and the teacher will advise accordingly. Twenty minute lessons are only appropriate for students in Prep and Year 1.
Ensemble Program
All music students are required to participate in an appropriate Lauriston ensemble. Students in Years 5-7 must be learning an instrument in order to participate in an instrumental ensemble. Students in Years 10-12 who wish to participate in an ensemble, but no longer have lessons, are required to have ensemble maintenance lessons during Term 2 & 3 in preparation for the Annual School Concert.

Number of Lessons
Students receive 32 lessons per year which are billed as 8 lessons per term. Adjustments to accounts are made at the end of each semester or upon termination of lessons. Calculations of final accounts are based on the attendance roll, not the student record book. Parental consent, in writing to the Music School, is requested to exceed 32 lessons per year.

Missed Lessons
If a student is absent at an official School excursion/incursion, no charge will apply. However, students are encouraged to inform their music teacher if they become aware of excursions or tests which may impact on their scheduled lessons. Where such clashes cannot be avoided, instrumental staff will be required to make up no more than two such lessons per student per year. If a student is ill, the usual lesson charge will apply. Direct notification to the Music School is necessary to defer or suspend lesson/s in the case of long term injury, illness, holidays or other absence. Teachers are contracted for an entire year based on student enrolments and as such may not be able to make up lessons missed due to family holidays, illness or forgetfulness. When two consecutive lessons are missed a letter will be sent home informing parents/guardians of the absence and reminding the student of the next lesson time.

Movement to and from Lessons
Prep – Year 4 students are collected from and returned to their classroom by their instrumental teacher. Students from Years 5 onwards are expected to make their own way to their music lessons. It is the student’s responsibility to remember their lesson. Timetables are displayed on the noticeboards in the Music School.

Purchasing Instruments
The Music Department is happy to give advice regarding the purchase of instruments and where the best prices are available.

Second Instrument
If your daughter wishes to learn more than one instrument, please consult with the Music School for advice. It is not considered appropriate for students to learn more than one instrument before Year 3.

Shared Lessons
Shared lessons are available only when two students of similar standard and ability are enrolled. If one student discontinues then the remaining student will be required to move to individual lessons unless another student of an appropriate age and standard enrols.

Timetabling
Music lessons are usually given during class time on a rotating cycle. Lessons outside class time follow these priorities:
1. VCE/IB students.
2. If a student learns two instruments, every effort is made to schedule one of these out of class time.
3. Lesson times at Blairholme are dependent on room availability.
4. Parent requests for out of school times are then filled when possible. Please note that our program is a day program and staff are required to teach throughout the school day.

Theory of Music
These programs are recommended for instrumental students after they have established themselves with their instruments, especially when studying AMEB grade 5 and above. Theory of Music is excellent preparation for students considering taking music in their senior years.

What to Bring
Students are required to attend all the regularly scheduled lessons with their music, instrument, school diary and music record book.
EXTRA CURRICULAR ACTIVITY 2016
APPLICATION FORM - MUSIC

This form is to be returned to the Music School (please use a separate form for each instrument)

Student’s Name: ___________________  Year in 2016: _____________

Student ID#/Library Card #: ______________________________

Instrument: ________________________________________________

*Suzuki Method – a parent must be able to attend lessons and supervise practice

Lesson length/type (please circle): 20 minutes / 30 / 45 / 60 / 30 shared

Number of Years Tuition:                                     Current Music Teacher:

Hire of Instrument required (not piano or percussion): Yes              No

Please sign over page for Hire Authorisation

I have read the General Information and agree to the terms and conditions stated therein.

Name (Parent or Guardian): ____________________________________________

Signed: _____________________________________________  Date: _________________

Telephone:   (H) ___________________ (M) ___________________ (Email) _____________________

Any other comments (e.g. prior tuition, experience:

ALL MUSIC STUDENTS ARE REQUIRED TO PARTICIPATE IN AN APPROPRIATE ENSEMBLE
If discontinuation of lessons is required at any time during the year, four weeks’ notice, in writing to
music@lauriston.vic.edu.au, is mandatory.

Termination notice will be calculated by the Music Office, upon receipt of letter/facsimile or email. The notice is
calculated on the academic school term’s length and does not include scheduled school holidays.

________________________________________________________________________

MUSIC DEPARTMENT USE ONLY

DATE FORM RECEIVED:

TEACHER:

DATE LESSONS COMMENCE
EXTRA CURRICULAR ACTIVITY 2016
HIRE OF SCHOOL INSTRUMENT
DECEMBER 2015 – NOVEMBER 30 2016

Student’s Name: ___________________________ Year in 2016: __________________

Hire Fee: $85 per term to be added to your school account

Conditions of Hire

Hire is normally available for one year at which time instruments can be recalled. However, where the instrument is not in immediate demand, the period of hire may continue. Instruments on hire must be returned immediately when tuition ceases.

Instruments are not covered by the School’s insurance except while on the School premises, or when in use during an outside School activity, therefore parents are responsible for the replacement cost of an instrument resulting from any loss or damage while it is in the student’s custody. The approximate value of your daughter’s hire instrument (for insurance purposes) will be emailed to you on the hire of instrument receipt.

All repairs and/or replacements music be approved by the school.

The hirer is responsible for the costs of accessories including replacement reeds and strings.

The instrument is only to be played by the student to whom it is hired.

Instruments must be stored in lockers or in the instrument storage facilities in the Music School. Students may lock their instruments in the Music Storeroom by collecting the key from the Music Office.

Instruments may need to be collected at the end of November for maintenance/repairs. A replacement instrument will be allocated for the summer holidays if this occurs.

Care of Instruments at Home

Instruments should be stored in their cases at all times when not being used.

Instruments must not be left in places where heat damage could occur, e.g., in vehicles, in direct sunlight, near heaters or heating vents.

Cases do not protect instruments if they are dropped, please take care when transporting to and from school.

Instruments need to be cleaned each time after playing: please consult with your daughter’s instrumental teacher if she is not aware of how to do so.

I have read the Conditions of Hire and agree to abide by them:

Parent/Guardian Signature: ___________________________ Date: ___________________________

Name of Parent/Guardian: ___________________________

(please print)
EXTRA CURRICULAR ACTIVITY 2016
ROWING PROGRAM
(YEARS 8 – 12)

The Lauriston Rowing Program is offered in terms 1, 3 and 4 to all students in years 8 to 12.

The venue for the program is Melbourne Girls’ College Boat Shed, Yarra Boulevard. The program is run by Mr Richard Hamilton, Director of Rowing; Mr Rob Manning, Head Rowing Coach; and Ms Lisa Howden, he teacher in charge.

Rowing Schedule: Years 10 and 11 row in terms 1, 3 and 4
Years 10, 11 and 12 row in Term 1 with the major Head of the School Girls’ Regatta
Year 8 students row in terms 3 and 4

*Please note all year 9 students have the option to attend the December Rowing Camp

Fees are charged to assist in defraying some of the extra costs of the rowing program, which are over and above the normal costs of sport within the School.

Fees are charged per term and added to your school account.

<table>
<thead>
<tr>
<th>ROWING FEES</th>
<th>Year 8</th>
<th>Year 10</th>
<th>Year 11</th>
<th>Year 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>$1065</td>
<td>$1065</td>
<td>$1065</td>
<td>$1065</td>
</tr>
<tr>
<td>Term 3</td>
<td>$865</td>
<td>$770</td>
<td>$770</td>
<td>$770</td>
</tr>
<tr>
<td>Term 4</td>
<td>$865</td>
<td>$950</td>
<td>$950</td>
<td>$950</td>
</tr>
</tbody>
</table>

Terms and Conditions.
A completed Application Form is required for all students to participate in this program.

An application to participate in this Extra Curricular Program, run by Lauriston will only be considered if all tuition and other fees and charges have been paid by the due date. Where fees remain outstanding and no acceptable payment plan is in place, the school reserves the right to exclude the student from participating in this activity.

Parents are urged to collect their child promptly at the end of each rowing session.

*Careful consideration should be given before students take extra sporting programs. Too often students are keen to play a sport and when they realise that hard work, application and commitment are required, their interest wanes rapidly.

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charge for four (4) weeks fees if the required notice is not provided.

Lauriston Girls’ School
Extra Curricular Activity 2016
ROWING PROGRAM

Please return this form to the Business Office by Thursday 17 December 2015 via email accounts@lauriston.vic.edu.au
Please read the General Information at the front of the handbook before completing this form.

I hereby authorise my daughter to participate in the 2016 Lauriston Rowing Program

Student’s Name: ___________________________________________ Year in 2016: _______________
Telephone: H: ______________________ B: ______________________ M: ______________________
Student Email: _____________________________________________

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/ Guardian Signed: __________________________________ Date: ______________________
Name Parent/Guardian (Print) ____________________________________________________________________
Mobile: __________________________________________ (H) ______________________ (B) ______________
Email: ________________________________________________________________________________
EXTRA CURRICULAR ACTIVITY 2016
INTERSCHOOL SNOWSPORTS
(YEARS 3 – 12)

Lauriston SnowSports Team is open to students from Years 3 to 12 (competition experience is not necessary).

The Victorian Interschools competition will be held from Monday 22 to Sunday 28 August 2016. The students compete in divisions depending on their year level. Senior School divisions compete Thursday to Sunday and Junior School divisions compete Monday to Wednesday. The Victorian Interschools Cross Country will be held on Sunday 7 August 2016.

Alpine Giant Slalom, Snowboard Giant Slalom, Boardercross, Skiercross, Moguls, Cross Country Classical and Cross Country Freestyle Relay are the disciplines in which girls may compete throughout the season.

SnowSports trials are compulsory and will be held on Monday 18 July 2016.

In addition to the levy and competition costs, student accommodation and transport during the Interschools and trial day, are to be arranged and paid for by parents.

Fee: $405 to be added to your school account

Coordinator: Ms Lisa Howden (howdenl@lauriston.vic.edu.au)

I wish to register my daughter in the 2016 Interschool SnowSports Program.

Fee: $405 to be added to your school account

Student’s Name: ________________________________________________ Year: ___________

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

Lauriston Girls’ School
Extra Curricular Activity 2016
INTERSCHOOL SNOWSPORTS

Please return this form to the Business Office by Friday 1 April 2016 via email accounts@lauriston.vic.edu.au. Please read the General Information at the front of the handbook before completing this form.

I wish to register my daughter in the 2016 Interschool SnowSports Program.

Fee: $405 to be added to your school account

Student’s Name: ________________________________________________ Year: ___________

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity.

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/Guardian Signed: _______________________________ Date: ____________________

Name Parent/Guardian (Print) ____________________________________________________

Mobile: ___________________ (H) ___________________ (B) ___________________

Email: ________________________________________________________________
EXTRA CURRICULAR ACTIVITY 2016
SWIMMING LESSONS
(KINDERGARTEN – YEAR 12)

Lauriston Swimming
(Enter via Mercer Road Car Park Gate)
Aquatics Centre Phone: 03 9864 7572
School Reception Phone: 03 9864 7555
Fax: 03 9822 7950
Email: swimschool@lauriston.vic.edu.au

<table>
<thead>
<tr>
<th>Level</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Water Confidence, Blow bubbles with mouth, Floating on front and back independently, Dog paddle for 5m; Kicking on front and back in streamlined position with an aid; Fully submerge to pick up an object from bottom of pool; Safe entry and exit</td>
</tr>
<tr>
<td>2</td>
<td>Fluent freestyle and backstroke for 10m; Controlled breathing pattern; Starting breaststroke kick and butterfly kick; Kneeling dives off the wall with streamlined entry</td>
</tr>
<tr>
<td>3</td>
<td>Fluent freestyle and backstroke for 15m, Fluent breaststroke kick and stroke timing; Butterfly kick in streamline position, Standing dives off the wall, Starting tumble turns</td>
</tr>
<tr>
<td>4</td>
<td>Fluent freestyle, backstroke, breaststroke (25m) and butterfly (15m); Fluent turns for all strokes at all times; Standing dives off the block</td>
</tr>
<tr>
<td>5</td>
<td>Fluent freestyle, backstroke, breaststroke (50m) and butterfly with correct turns (25m); Standing dives off the block</td>
</tr>
</tbody>
</table>

Stroke Development (Mini Squad)
Fluent freestyle, backstroke, breaststroke (100m) and butterfly (50m); Correct starts, turns and finishes for all strokes all the time; Learning to read the pace clock and programs on the whiteboard

Junior Squad
Preparation for Lauriston Squad; Able to follow a program from the whiteboard and read the pace clock accurately; Able to swim 200m of freestyle, backstroke and breaststroke, and 100m of butterfly with correct turns without stopping; Correct starts, turns and finishes for all strokes all the time

Lauriston Squad
Competition squad, Regional, State and National Swimmers

Class Times
<table>
<thead>
<tr>
<th>Lessons</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stroke Development</td>
<td>4.30pm</td>
<td>4.00pm</td>
<td>4.30pm</td>
<td>5.00pm</td>
<td>4.30pm</td>
<td>9.30am</td>
</tr>
<tr>
<td>Junior Squad</td>
<td>6.00pm</td>
<td>5.30pm</td>
<td></td>
<td>10.00am</td>
<td>10.30am</td>
<td>11.00am</td>
</tr>
</tbody>
</table>

2016 Program Fees

<table>
<thead>
<tr>
<th></th>
<th>One term</th>
<th>Whole year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learn to Swim lessons</td>
<td>$180 per term (Term 1 only $157.50)</td>
<td>$680</td>
</tr>
<tr>
<td>Stroke development</td>
<td>$200 per term</td>
<td>$760</td>
</tr>
<tr>
<td>Junior Squad</td>
<td>$225 per term</td>
<td>$850</td>
</tr>
<tr>
<td>Intensive lessons / holidays</td>
<td>$105 per week</td>
<td>N/A</td>
</tr>
<tr>
<td>Private lessons</td>
<td>$345 per term</td>
<td>N/A</td>
</tr>
</tbody>
</table>

Cancellation in writing to the Business Office accounts@lauriston.vic.edu.au 4 weeks prior to the end of a school term is required to withdraw from this group Extra Curricular Activity. If insufficient notice is given, a full term’s fee is payable in lieu of notice

Please return a completed copy of both the ‘Terms and Conditions’ and the application form
EXTRA CURRICULAR ACTIVITY 2016
SWIMMING LESSONS
(KINDERGARTEN – YEAR 12)

TERMS AND CONDITIONS

- Responsible behaviour is expected from students at all times
- All students are expected to arrive in a timely manner for their classes
- All swimmers are required to wear appropriate attire when in the pool. A one-piece bathing suit must be worn for lessons, with no loose fitting items of clothing over the top. Board shorts are not to be worn. In levels one and two, students may like to wear a rash vest to help them keep warm in the water as they are not moving as much as in the higher levels
- Every student is required to wear a bathing cap whilst in the water
- Swimming lessons are just like any other lesson conducted at School and therefore should be treated the same
- All children under the age of 12 must be supervised by a responsible person 17 years old and over at all times. If you are bringing other children with you to watch the lessons please remember that they must be actively supervised at all times and are not the responsibility of Lauriston staff
- Valuables cannot be held at reception and no responsibility is taken for valuables left anywhere in the facility
- If a student is to miss a lesson for any reason Lauriston Swimming reception needs to be notified 24 hours prior to the lesson if you wish to participate in the end of term make-up lesson
- A maximum of one (1) make-up lesson is available each term. It must be taken within the same term as the missed lesson
- Make-up lessons cannot be swapped for family credit or refunds
- Fees must be paid in full at the time of booking to commence lessons for a particular time period
- Fees must be received in full during re-enrolment to guarantee your spot for the following term
- Payments can be made by cash (in person), or by Visa or Mastercard (in person or over the phone)
- No refunds will be made on any term payments
- Suspension will only be granted upon presentation of a medical certificate stating the dates of absence to the Lauriston Swimming Coordinator
- Any payments affected by a suspension will be held over in family credit indefinitely

Management reserves the right to terminate the Lauriston Swimming membership of any person not complying with any of the terms and conditions listed.

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and fully understood the terms and conditions stated within this agreement

Parent / Guardian name: __________________________________________
Signature: __________________________________________ Date: __________
SWIMMING LESSONS
(KINDERGARTEN – YEAR 12)
APPLICATION FORM

Please return this form to the Business Office by Thursday 17 December 2015 via email accounts@lauriston.vic.edu.au.
Please read the General Information at the front of the handbook before completing this form.

Surname: _____________________________________  Term: ______________

Student’s first name  Date of birth*  Gender  Swimming ability/level (see above)
Medical conditions (if applicable)
Lauriston Yr level (if applicable)

1
2
3

Is a sibling currently enrolled? YES / NO  Sibling’s name: ______________________________________

Customer Details
Parent / Guardian: ____________________________________________________________________________________
Address: _____________________________________________________________________________________________
Post Code: ___________________
Home Phone: _______________________________________  Work Phone: ___________________
Mobile Phone: _______________________________________  Email Address: ___________________

Emergency Contact Details:
Emergency Contact name: _______________________________________________________________________________
Relationship to Student: _____________________________________________________________________________  Mobile Phone:

Home Phone: _______________________________________  Work Phone: ___________________

Class Time Preference – On-going students
Where payment is received by the due date (second last lesson of term prior) students will be enrolled in the same day / time as their current class. If you wish to change the day/time of a class please indicate your preference below.

Class Time Preference - New students (please indicate at least four preferences – see over for class times)
Class type:  Lessons / Stroke Development / Junior Squad (please circle)
Preference 1: Day___________________ Time______    Preference 2: Day___________________ Time__________
Preference 3: Day___________________ Time______    Preference 4: Day___________________ Time__________

Medical release and declaration
I _________________________________ _____________________, give permission to Lauriston Girls’ School to obtain appropriate medical treatment for the applicant(s) on this form. I acknowledge and accept that circumstances may occur where it is necessary for the School to arrange immediate medical treatment, including hospitalisation, surgery and the administration of anaesthetics. I authorise the School to act in such circumstances with the interest and welfare of the applicant in mind. I hereby confirm that the applicant named on the form and their parents/guardians will abide by the terms and conditions of the use of the Aquatics Centre. This release form is applicable while the applicant is enrolled in the program. I understand the information on the form is collected in accordance with the Privacy Act.

Signature of Parent / Guardian: ______________________________________  Date: ______________________

Fee payment
Please circle below
Total amount payable: $_________________ Cash / Visa / Mastercard / Cheque (made payable to Lauriston Girls’ School)
Credit card number □□□□ □□□□ □□□□ □□□□  Expiry □□ / □□
Cardholder Name__________________________Signature___________________________________CCV ______ (3 digit No on back of card)
EXTRA CURRICULAR ACTIVITY 2016
LIFE DRAWING
(YEARS 10 – 12)

Life Drawing classes will be offered in terms 1, 2 and 3.

Life drawing is a challenging and rewarding activity for the art minded, those interested in greater hand-eye co-ordination, or as creative relaxation. A live model is provided at each lesson, as is basic drawing equipment.

This activity is open to any Year 10-12 student. If Year 7 or 8 students wish to participate, they must speak directly to the program co-ordinator, Mr Morrison, for authorisation to enrol.

Co-ordinator: Mr David Morrison
Location: Senior Art & Visual Communication Rooms
Time: Wednesday 3.30 – 5.30pm.
Fee: $270 per term (8 weeks) to be added to your school account

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charge for four (4) weeks fees if the required notice is not provided.

I wish to enrol my daughter for lessons in Life Drawing

Fee: $270 per term (8 weeks) to be added to your school account

Student's Name: _____________________________________________________ Year in 2016: ________

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/ Guardian Signed: ___________________________________________ Date: _________________________
Name Parent/Guardian (Print) ______________________________________________________________________
Mobile:_________________________________(H)___________________________(B)___________________________
Email: ______________________________________________________________________________________
EXTRA CURRICULAR ACTIVITY 2016
PHOTOGRAPHY
(YEARS 7 – 12)

Photography classes will be offered in Term 1, 2 and 3.

In this course of study, students will be instructed in the use of 35mm format cameras and in the application of creative photo taking techniques. This will be followed by an introduction to film processing and darkroom practices with each student recording, processing and printing their own black and white images.

Advanced students will be able to extend their knowledge of creative photography in both the taking and processing of their images. Various enhancement techniques such as: textured screens, double negatives, photograms and studio lighting methods will be studied using the students’ negatives.

Students will explore Adobe Photoshop as a digital manipulation tool using their developed photographs as a starting point.

Please note that all materials required for this program will be supplied by the school

Co-ordinator:  Mr David Morrison

Location:  Senior Art & Visual Communication Rooms

Time:  Tuesday 3.30 – 5.30pm.

Fee:  $290 per term (8 weeks) to be added to your school account

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charge for four (4) weeks fees if the required notice is not provided.

Lauriston Girls’ School
Extra Curricular Activity 2016
PHOTOGRAPHY

Please return this form to the Business Office by Thursday 17 December 2015 via email accounts@lauriston.vic.edu.au

Please read the General Information at the front of the handbook before completing this form.

I wish to enrol my daughter for lessons in Photography

Fee:  $290 per term (8 weeks) to be added to your school account

Student’s Name: ________________________________ Year in 2016: _______

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/ Guardian Signed: ___________________________ Date: _______________

Name Parent/Guardian (Print) ________________________________

Mobile: ____________________________ (H) ____________________________ (B)

Email: ____________________________________
Sewing and Textiles classes will be offered in terms 1-4.

Students will transfer knowledge of current fashion trends to practical fashion and textile design. Students will involve themselves in machine and hand sewing/stitching, garment, accessory and embellishment construction and learn various finishing techniques.

Over the nine weeks, two-hour classes, students will design, develop and produce varied responses to a range of set and suggested tasks.

Co-ordinator: Mr David Morrison

Location: Senior Art & Visual Communication Rooms

Time: 3.30 – 5.30pm on a Tuesday or Wednesday (parents will be advised)

Fee: $230 per term (8 weeks) to be added to your school account

Cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from extra curricular activities.

Your school account will be charge for four (4) weeks fees if the required notice is not provided.

Lauriston Girls’ School
Extra Curricular Activity 2016
SEWING AND TEXTILES

Please return this form to the Business Office by Thursday 17 December 2015 via email accounts@lauriston.vic.edu.au
Please read the General Information at the front of the handbook before completing this form.

I wish to enrol my daughter for lessons in Sewing and Textiles

Fee: $230 per term (8 weeks) to be added to your school account

Student’s Name: _____________________________________________________ Year in 2016: ________

I understand that cancellation in writing to the Business Office (accounts@lauriston.vic.edu.au) of four (4) weeks wholly within a term is required to withdraw from this extra curricular activity

I understand that my school account will be charge for four (4) weeks fees if the required notice is not provided.

I have read and agree to the fee structure and the terms and conditions as outlined in the ‘General Information’ and the ‘Fee Schedule’.

Parent/ Guardian Signed: _____________________________ Date: _____________________________

Name Parent/Guardian (Print) ______________________________

Mobile: ______________________________ (H) ______________________________ (B)

Email: ______________________________
In addition to the Extra Curricular Activities provided by employed or contracted staff, the School offers Gymnastics, and Tennis through external service providers.

As these programs are run by external providers, please contact the provider directly to enrol your child in these programs.

The attached sheets detail the programs offered by:

- **Waverly Gymnastics Centre Inc.**
  
  Telephone: 03 9887 9611  
  Email: admin@wagc.com.au  
  Site: www.waverly.gymnastics.org.au

- **The Victorian Tennis Academy**
  
  Telephone: 03 9509 003  
  Email: admin@victennisacademy.com.au  
  Site: www.victennisacademy.com.au
Waverley Gymnastics Centre will once again be running gymnastics classes from the Lauriston Girls School gymnasium in 2016. Classes are available for girls and boys aged from 4 years and up. All classes are full of fun and learning, and are taken by Waverley’s exceptional, experienced and qualified coaches. Gymnastics is not only a fantastic and fun sport in its own right it also gives an exceptional base level of co-ordination, skill and confidence that assists children in achieving all their other sports and life skills.

Waverley was formed in 1987 and has since established an excellent reputation in all aspects of gymnastics. Waverley is affiliated with Gymnastics Victoria and Gymnastics Australia, and was the first club (and still one of only six) in Australia to be awarded a 5 star accreditation by Gymnastics Australia.

Waverley is a non-profit organisation managed by a Club Coordinator, administration staff and an elected committee. Waverley has a strong membership base with over 1500 gymnasts across of varying ages and abilities, across four campuses located in Armadale, Glen Waverley, Mount Waverley and Narre Warren. Waverley Gymnastics Centre is home to gymnasts who have successfully represented Australia at Olympic Games, Commonwealth Games, and World Championships.

AIMS:

- To provide a quality broad based gymnastics program at the recreational level for both girls and boys.
- To offer recreational gymnasts as many opportunities as possible to perform through displays, open weeks and recreational competitions.
- To provide a first class gymnastics environment for gymnasts to enjoy learning technically correct gymnastics skills.
- To maintain a high coach/gymnast ratio for personalised attention.
- To provide gymnasts capable of performing at high levels of excellence in competition both in the National and International streams of gymnastics.
- To enhance each gymnast’s physical, mental and personal development through –
  - An appreciation of team work
  - An opportunity to perform in competitions
  - An environment that encourages personal friendships
  - Promoting a love of gymnastics

In 2016, classes will be run on the following days and times. As a general guide, children aged 5-7 years old usually attend 1 hour sessions, whilst children aged 8+ years old usually attend 1.5 hour sessions or 2 hour sessions.

<table>
<thead>
<tr>
<th>TUESDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.00-5.00pm</td>
<td>4.00-5.00pm</td>
<td>8.00-9.00am</td>
</tr>
<tr>
<td>5.00-6.00pm</td>
<td>5.00-6.00pm*</td>
<td>9.00-10.00am</td>
</tr>
<tr>
<td>6.00-7.30pm</td>
<td>6.00-8.00pm*</td>
<td>10.00-11.00am</td>
</tr>
<tr>
<td></td>
<td></td>
<td>11.30am-1.30pm</td>
</tr>
</tbody>
</table>

*Boys classes available at these times

To express an interest in attending one of the above gym classes please contact the Waverley Gymnastics Centre office on 9887-9611 or via email at admin@wagc.com.au. Classes are limited but preference will be given to Lauriston students so please provide this information when you speak to the office.
Lauriston Girls’ School Tennis Program 2016

Semester 1 (Term 1 & 2) Begins Friday 5th February 2016

For Email and phone bookings or for more information contact:

Victorian Tennis Academy
Malvern Tennis Centre
43A Union Street
Armadale, Vic, 3143

T (03) 9509 0030
F (03) 9509 2044
E tina@victennisacademy.com.au

The Victorian Tennis Academy holds lessons on the school courts every Friday after school. Lessons are offered to all ages and abilities ranging from Prep “Tennis Whizz” beginners to year 10 Radical “Hot Shot” Squads.

Our Program follows the Tennis Australia coloured ball philosophies which engages and encourages children of all ages to Play, Rally and Score.

Join our experienced coaching team and receive expert tennis coaching on site at your school. Upon joining our tennis program you will receive a number of benefits, including:

- **Free Playing Membership** - The Malvern & Orrong Park Tennis Centres.
- **FREE Holiday Clinic** - 1 Free session every week at our holiday’s
- **Hot Shots Competition** – Opportunities in competitions and challenges
- **Pro Shop Discounts** - 10% off in our Pro Shop
- **Assessments** - Ongoing professional development assessments